
















| Sunday                                                                                                                                                                                                                                                             | Monday                                                                                                                                                                                                                             | Tuesday                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                     | Friday                                                                                                                                                                                                                                                    | Saturday                                                                                                                                                                                                                                             |                                                                                                           |             |
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| <p>1</p> <p>10 am- Coffee Break<br/>10:15am- Roman<br/>Catholic Communion<br/>2 pm - Visits<br/>7 pm – Trivia</p>                                                                                                                                                  | <p>2</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>1:10 pm Fitness<br/>2:00 pm Peggy's Retirement Party<br/>7 pm Presbyterian Church</p>  | <p>3</p> <p>Hair Salon<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>1:30 pm- Old Maid<br/>7 pm- Eye Glass Cleaning</p>                                                         | <p>4</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>10:30 am Bible Study in LTC Home with Wally DeWolfe<br/>1:10pm- Fitness<br/>7 pm- Games Night</p>                                                       | <p>5</p> <p>Hair Salon<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>1:30pm- Shut the Box<br/>7 pm - Manicures</p>                                                                                                                                                                                                                   | <p>6</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>10:45am- Rosary<br/>1:30 pm- UNO<br/>7 pm- BINGO</p>                                                        | <p>7</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>2 pm- Social Hour in the Lounge<br/>7 pm- Movie Night</p>                                              |                                                                                                           |             |
| <p>Daylight Saving Time</p> <p>8</p> <p>10 am- Coffee Break<br/>10:15am- Roman<br/>Catholic Communion<br/>2 pm - Visits<br/>7 pm – Trivia</p>  <p>Daylight Saving Time Begins</p> | <p>9</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>1:10 pm Fitness<br/>7 pm- Manicures</p>  <p>Purim Begins</p>                           | <p>10</p> <p>Hair Salon<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>1:30 pm- YAH Meeting<br/>7 pm- Tuck Cart</p>                                                                                                                                                 | <p>11</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>10:30 am Bible Study in LTC Home with Wally DeWolfe<br/>1:10pm- Fitness<br/>3:00pm – Church Service with Pastor Brian Hymers<br/>7 pm- Games Night</p> | <p>12</p> <p>Hair Salon<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>1:30pm- Parachute<br/>7 pm - Manicures<br/>10am-3pm Geri-Fashions Sale Basement Activity Room</p>                                                                                                                                                              | <p>13</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>10:45am- Rosary<br/>1:30 pm- Boggle<br/>7 pm- BINGO</p>  <p>WEAR BLACK FOR FRIDAY THE 13<sup>TH</sup>!</p> | <p>14</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>2 pm- Social Hour in the Lounge<br/>7 pm- Movie Night</p>                                             |                                                                                                           |             |
| <p>15</p> <p>10 am- Coffee Break<br/>10:15am- Roman<br/>Catholic Communion<br/>2:00 Church Service with Pastor Laurie Morris in LTC<br/>7 pm –Bornholm Church</p>                                                                                                  | <p>16</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>1:10 pm Fitness<br/>7 pm- Manicures</p>                                             | <p>17</p> <p>Hair Salon<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>1:30 pm- Crazy 8's<br/>7 pm- St Patrick's Day Celebration</p> <p>WEAR GREEN FOR ST. PATRICK'S DAY!</p>  | <p>18</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>10:30 am Bible Study in LTC Home with Wally DeWolfe<br/>1:10pm- Fitness<br/>2:00pm – Church Service with Pastor Ken Whiting<br/>7 pm- Games Night</p>  | <p>19</p> <p>Hair Salon<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>11:00am- Mass with Father Philip Joseph<br/>7 pm - Manicures</p> <p>WEAR YELLOW FOR THE FIRST DAY OF SPRING</p>  <p>Spring Begins</p>                                                                                                                         | <p>20</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>10:45am- Rosary<br/>1:30 pm- R-L-C<br/>7 pm- BINGO</p>                                                   | <p>21</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>2 pm- Social Hour in the Lounge<br/>7 pm- Movie Night</p> <p>ROCK YOUR SOCKS FOR DOWN SYNDROME</p>  |                                                                                                           |             |
| <p>22</p> <p>10 am- Coffee Break<br/>10:15am- Roman<br/>Catholic Communion<br/>2 pm - Visits<br/>6:30pm – Gospel Singers</p>                                                                                                                                       | <p>23</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>1:10 pm Fitness<br/>7 pm- Manicures</p>                                             | <p>24</p> <p>Hair Salon<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>1:30 pm- Bellz<br/>7 pm- Tuck Cart</p>                                                                                                                                                       | <p>25</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>10:30 am Bible Study in LTC Home with Wally DeWolfe<br/>1:10pm- Fitness<br/>3:00pm – Church Service with Pastor Brian Hymers<br/>7 pm- Baking</p>      | <p>26</p> <p>Hair Salon<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>1:30pm- Birthday Party<br/>7 pm - Manicures</p> <p>WEAR PURPLE FOR EPILEPSY</p>    | <p>27</p> <p>FOOT CARE CLINIC<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>10:45am- Rosary<br/>1:30 pm- Volleyball<br/>7 pm- BINGO</p>                                                                                                              | <p>28</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>2 pm- Social Hour in the Lounge<br/>7 pm- Movie Night</p>                                           |                                                                                                           |             |
| <p>29</p> <p>10 am- Coffee Break<br/>10:15am- Roman<br/>Catholic Communion<br/>1:30 pm - YUM Box<br/>7 pm –Current Events</p>                                                                                                                                      | <p>30</p> <p>10am- Coffee Break<br/>10:30am- Word Board<br/>1:10 pm Fitness<br/>7 pm- Manicures</p>                                             | <p>31</p> <p>Hair Salon<br/>10am- Coffee Break<br/>10:30am- Word Board<br/>1:30 – Celebration with Marie – Retirement party<br/>7 pm- Eye Glass Cleaning</p>                       |  <p style="font-size: 2em; font-family: cursive;">March 2020</p> <p>SEAFORTH RETIREMENT COMMUNITY</p>                         |                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                      |  <p>HELLO Spring</p> | <p>Name</p> |

DUE TO UNFORSEEN CIRCUMSTANCES PROGRAM CHANGES MAY OCCUR WITHOUT ADVANCED WARNING